



What is Club Volleyball?

Club Volleyball is away for girls 10-18 years old to play volleyball on teams outside of school to make improvements and grow as a player. Club helps kids make their school team, possibly excel on their school teams, and for some, to secure a scholarship to play volleyball in college. All this can be accomplished by having a blast while doing it. However, one of the greatest benefits of club volleyball is the confidence it can build in young women. As athletes they learn new skills and overcome challenges, they begin to recognize what they are capable of accomplishing. Because at the end of the day, the most important thing a girl can take away from volleyball isn't a trophy. **It's believing in herself!**

HOW TO GET STARTED w/ MVP

1. Go to Badger Region Website and get a membership.
<https://badgervolleyball.org/junior-membership-options/>
2. Get the **“Junior Player”** Membership (\$55)
3. Go to MVP website and sign up for MVP North Try-outs
4. Find your age by looking at the Age Division Chart on website
5. Sign up for appropriate age division
6. Arrive 30 minutes prior to try-out time to check in and warm-up



WHAT TO EXPECT DURING TRY-OUTS

1. Be prepared to run thru several volleyball skills.
2. Everyone will be evaluated on their abilities.
3. Bring water bottle to stay hydrated.
4. Bring knee pads to hit the floor if needed.
5. Meet new people/friends and engaging coaches.



WHAT TO EXPECT AFTER TRY-OUTS

1. You may get an offer to play at MVP North.
2. If you don't get an offer, comeback for the other try-outs.
3. You will need to accept or decline the offer.
4. You have until Monday October 5th at 7:00pm to decide on offer.

WHAT TO EXPECT AFTER YOU ACCEPT OFFER

1. You will be placed on a team.
2. You will have a date to get uniform fitted.
3. You will have team meeting to meet coaches & parents.
4. Start Practices after Thanksgiving
5. Start tournaments in January.
6. Season ends in late April.

